

NEWSLETTER

June-July 2021

Brampton Lodge, 4 Dixwell Road, Folkestone, Kent, CT19 5AN



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Happy Birthday Queen Elizabeth

Manager's Desk

This June we have one of our carers Lorraine celebrating a big birthday she is turning 70 on the 28th June.

We also have Tamzin on maternity leave due to have her baby in July and we are all very excited for her. There will be a competition to guess the weight of the baby.

Congratulations goes to Amy on becoming a Senior Carer and getting her first home mortgage approved.

Another congratulations to Atlanta on passing her driving test, you may be lucky enough to go out her little red Mini soon.

Well done to Lydia for working hard to achieve her NVQ Level 4, her dream is to move back to South Africa and open up her own Care Home.

We would like welcome Bill to the maintenance department, we are very glad to have you.

We also have Honey who is going to be doing an apprenticeship in Business and Admin Apprentice and also might pick up a few shifts in the kitchen. She is also vegan so Lorna and Peggy should be pleased. Honey likes knitting and makes hats for premature babies and is hoping to get some keen knitters to help her with this.

We have purchased some fitness equipment for the home, please see Lorna to try it out.

The garden is looking beautiful as the warmer weather comes and allows all of the plants to come out. We have started to use the broad beans you grew, and the strawberries are coming along nicely now.

We have some exciting plans to have a newly purpose-built hair salon for you in the future, in the bathroom where the hairdresser currently uses. Michelle plans to discuss this with Ian to see how and if we can move forward with it. Any suggestions are welcomed.

Condolences to Sidney's Family, his funeral and wake are on the 22nd June, if anyone wishes to go, please speak to Lorna.

Best Wishes, Michelle & Claire

Editor's Desk

Hello Residents, Families and Friends!

It feels like Summer is here at last and we are very much looking forward to more outings and garden parties with you all.

Keep hydrated, cool and have fun.

We all enjoyed the Queen Birthday Garden Party , a BIG Thank you to everyone to attended and helped the day run smoothly.

I hope you enjoy this newsletter.



Keep Safe!

Lorna-Wellbeing Lead

June Trivia

June is named for Juno, Roman queen of the gods

Zodiac signs: **Gemini & Cancer**
Birthstone: **Moonstone or Pearl**
Flower: **Rose or Honeysuckle**

Quote of the Day

*Be yourself;
everyone else is
already taken.*

– Oscar Wilde

Month in Review



Kitty Gardening



African Themed Day



Jean's for Dementia Day



ABBA Themed Karaoke Bar



Italian Themed Day



Outing to the Harbor Arm

Garden Party in Review



Upcoming Events

Italian Themed Day

2nd June, food, music and quiz in the garden

Gin and Chat (Resident's Meeting)

Fridays 4th, 18th, 25th June at 3pm in the lounge

Outings to Harbor/ Sunny Sands

3rd and 8th June

Queens Birthday Garden Party

Saturday 12th June at 3pm

World Music Day

21st June at 3pm 60's and 70's Karaoke

Pamper Afternoon

23rd June from 2pm in the lounge

Return of Christine from Village Therapies

Aromatherapy in rooms on 29th June from 10.30am, then fortnightly.

Tea Party

Michelle to treat you on the 29th June from 3pm

Lorna on Holiday from the 28th June

Phil will be coming in to do "Play your cards right" and "quiz teams" in the garden. Plus Bing will be visiting with his accordion. There will also be other fun activities for you please check out the calendar in the newsletter.





Special Days June

- 2nd Italian National Day
- 5th World Environment Day
- 6th D-Day
- 8th World Oceans Day
- 12th Queens Official Birthday
- 22nd Father's Day
- 21st World Music Day

Special Days July

- 1st International Joke Day
- 7th World Chocolate Day
- 1st-14th Wimbledon
- 14th Bastille Day
- 23rd Olympic Games
- 17th -1st Aug CBA Festival Of Archaeology

June-July 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	1	2	3	4
3pm Play your Card Right with Phil in th garden	10.30pm Aromatherapy In rooms	Optician to Visit	Joke Day 	Hairdresser		
Lorna on Holiday	3pm Tea Party Lorna on Holiday	Lorna on Holiday	3pm Joke Telling Lorna on Holiday	4pm Gin O'Clock Lorna on Holiday		
5	6	7	8	9	10	11
3pm Quiz Teams with Phil in the garden.	3pm Manicures/ Crossword	 World Chocolate Day	Meryl & June's Birthday	Hairdresser	Michelle or Carers to do activities in yellow.	
Lorna on Holiday	3pm Chocolate tasting. Lorna on Holiday	East Kent Foot Care to visits in rooms. Lorna on Holiday	3pm Bing and his accordion, in the Garden Gin O'Clock Lorna on Holiday	Michelle or Carers to do activities in yellow. Entertainers or therapist to do activities in blue. Carers may need to help get residents up and to activities.		

Birthdays

In June, we celebrated birthdays with:

- **Myrtle**
- **Peggy B**

In July, we celebrate birthdays with:

- **Meryl**
- **June**
- **Shirley**



Marilyn Monroe, Actress, 1st June 1926
Morgan Freeman, Actor, 1st June 1937
Johnny Depp, Actor, 9th June 1963
Judy Garland, Actress, 10th June 1922
Prince Philip, Duke of Edinburgh, 10th June 1921
Donald Trump, Former President, 14th June 1946
Boris Johnson, Prime Minister, 19th June 1964
Nicole Kidman, Actress, 20th June 1967
Elon Musk, Entrepreneur, 28th June 1971
Mike Tyson, Boxer, 30th June 1966

Gemini (May 21 – Jun 20)

Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

WOW!

Product Birthday Spotlight: Electric Vote Recorder

Tom Edison's first invention to receive a patent was the electric vote recorder, in June 1869.

Daunted by politicians' reluctance to use the machine, he decided that in the future he would not waste time inventing things that no one wanted.

Poem to Share

Love After Love

Derek Walcott

The time will come
when, with elation
you will greet yourself arriving
at your own door, in your own mirror
and each will smile at the other's welcome,
and say, sit here. Eat.
You will love again the stranger who was your self.
Give wine. Give bread. Give back your heart
to itself, to the stranger who has loved you
all your life, whom you ignored
for another, who knows you by heart.
Take down the love letters from the bookshelf,
the photographs, the desperate notes,
peel your own image from the mirror.
Sit. Feast on your life.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Sylvia**
- **Barbara**

We hope that you enjoy your time here!

CONTINUOUS IMPROVEMENT

There are feedback forms available in the hallway by the front door. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

NEW STAFF

A warm welcome also to:

- **Bill- Maintenance**
- **Honey- Admin & Business Apprentice.**

We hope that you enjoy your time here!

EAST KENT FOOT CARE

Provide us with Chiropody and Podiatry, they visit every month. Seeing residents on an 8 weekly rotation. They are highly qualified and insured. This service costs £30.

Their next visit is the 8th July.

Please ask Lorna for more details.

IN MEMORIAM

To Sidney

His funeral and wake will take place on the 22nd June, if you would like to attend, please speak to Lorna.

HAIRDRESSER

We have a hairdresser who attends every Friday morning. If you would like an appointment please ask a staff member to write your name down in the hairdressers book.

Laughing Matters



Sweet Grandma

A sweet grandmother telephoned St. Josephs Hospital.

GRANDMOTHER:

Is it possible to speak to someone who can tell me how a patient is doing?

OPERATOR:

I'll be glad to help, dear, What's the name and room number of the patient?

GRANDMOTHER:

Norma Findlay Room 302

OPERATOR:

Let me put you on hold while I check with the nurse's station for that room.

After a few minutes the operator returned to the phone

OPERATOR:

I have good news - Her nurse just told me that Norma is doing well. Her blood pressure is fine, her blood test just came back normal and her Physician Dr Cohen has scheduled her to be discharged tomorrow.

GRANDMOTHER

Thank you, That's wonderful. I was so worried. God bless you for the good news.

OPERATOR:

You're more than welcome. Is Norma your daughter?

GRANDMOTHER:

No, I'm Norma Findlay in Room 302 and no one tells me anything. Thanks again.

Employee Spotlight on Bill

1. How long have you worked here or when did you join of Brampton?

May 2021

2. Why did you join?

I briefly worked here in 2020 for three days regrettably I left, so I wasn't going to miss out when the chance to come back arose.

3. What do you enjoy most about working here?

First and foremost is our lovely residents and care staff, our wonderful gardens, lovely management team , oh and I almost forgot my job. I love it here.

4. What is your current position?

Maintenance/ Gardener

5. Who or what inspires you?

All care workers and nurses.

6. What would be your dream position?

Horizontal, feet up at the summit of a mountain (Scotland of course).

7. What's one thing - either industry-related or not - you learned in the last month?

Difference between weeds and plants.

8. What's something about you (a fun fact) that not many people know?

I was in a restaurant and ordered Oyster and Venison pie, the Oyster Shell was on the crust for decoration, I bit the shell and now I am minus a tooth.

9. Where did you go, on your last holiday?

Scotland, my heart is in Scotland I am going again this year.

10. If you had to eat one meal every day for the rest of your life, what would it be?

I love an authentic Goulash with West Indian rice.



Word Search

TREES OF THE WORLD



X T R P I V R G E W R G A B E B N
Y N Y U W E U C A L Y P T U S M A
K E Z R O S E W O O D I G R R A V
K C J O L M A I O U Q E S U U H N
G U V C L T F Y V W J J N S T H R
I R U Y I P S C M A I S K N A B Y
H P R M W S Q A X X D X B N C S O
K S W R E L G O A N I R A U S A C
C K T R U N I K E E H R N N I M N
O I P Z O N M E H R Y W Y W L U R
B Y M L E Q E Q E W O Z A I S H O
C Z I P O P L A R M P M N H G J H
Z A D I P J L A N G J P A R J P T
D N O N N K O H E L P A M C X D W
T Z R E R X W X J Q G I Z V Y W A
A R E P I N U J E D T I F P C S H
S Q F S U C I F Y N A G O H A M X

Banyan

Mahogany

Maple

Eucalyptus

Spruce

Cypress

Wollemi

Ficus

Elm

Juniper

Hawthorn

Sycamore

Rosewood

Pine

Willow

Poplar

Magnolia

Sequoia

Banksia

Casuarina