

# NEWSLETTER

## January 2021

Brampton Lodge, 4 Dixwell Road, Folkestone, Kent



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# Editor's Desk

Hello Residents, Families and Friends!

Happy New Year to you all. Its not been the best start to 2021 but we are thinking positively that hopefully the worst is behind us and things can only get better. Our carers , cleaners, cooks, kitchen assistants and management team have done such an amazing job looking after your loved one in very difficult times. They are dedicated and caring and willing to go that extra mile.



Hoping to see you again soon.

Keep Safe!

*Lorna*

## January Trivia

January was named after the Roman god Janus; the god of beginnings & transitions.

Zodiac signs: **Capricorn & Aquarius**

Birthstone: **Garnet**

Flower: **Carnations**

## Quote of the Day

*Life is what happens to us while we are making other plans.*

– Allen Saunders

# Covid-19 Update

Sadly we have been effected by Covid 19 over the last few weeks and due to the new variant it has spread rather quickly. We have been in touch with Public Health England on a regular basis and we have followed all of their instructions. We identified the point of when Covid entered into the home and found it to be when a resident returned from the William Harvey Hospital. The majority of the staff team have been effected by the virus and some have been very poorly and I am very sad to that one of our staff are in hospital. She is improving slowly but remains quite unwell and we are all wishing her well and sending her positive messages every day. Most of the staff are now returning from having been off.

During this time we have had to isolate everyone to their rooms to prevent further spread and we hope to be able to step this down soon but this does depend on the spread of the virus within the home. We will all get through this by working together.



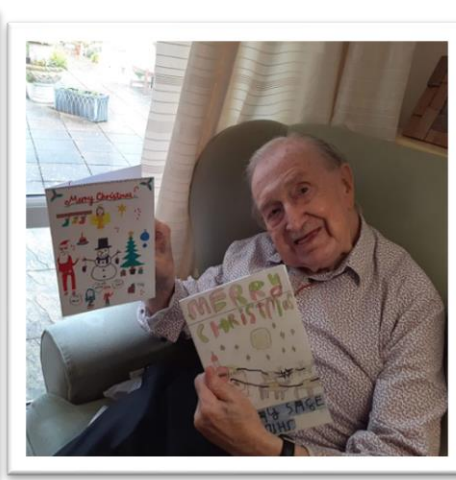
Presently we have five residents at Brampton Lodge who have tested positive for Covid and they are all currently stable.

We are chasing all of the surgeries to find out when we will be getting the vaccine at Brampton Lodge but as of yet we have not had an answer and we being asked to wait until we are contacted and as soon as we know this we will share it with you.

Not the greatest start to 2021, but we remain positive and are so looking forward to the spring time with the hope that there will be some normality to life.

From Michelle Baker (Home Manager)

# December in Review



Our residents received some beautiful cards from Martello Primary and Stouting CE Primary



We all enjoyed the Christmas Panto done by our talented staff, well done!!



Residents enjoyed making Mince pies

# Upcoming Events

## Weekly Bingo sessions via Zoom video

Professional Caller and in house prizes

## Monthly Church Service via Zoom video

Roger from Holy Trinity links up with our church goers.

## Weekly Sing along via Zoom video

We link up with singing back the memories service

## Weekly Foot spa and Manicures

Lorna visits residents in their room for some pampering

## Weekly Quiz and Anagram sheets

Handout for residents to complete and get marked to keep the grey matter working.

## Weekly Social Chat via Zoom Video

Virtual social meet up for our residents to chat to each other and enjoy and Gin and Tonic.

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## Special Days

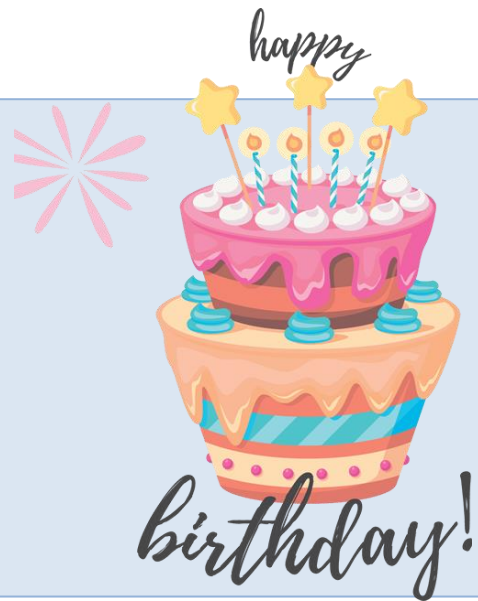
- 1<sup>st</sup> Hot Tea Day
- 3<sup>rd</sup> J.R.R. Tolkien's Birthday
- 8<sup>th</sup> Elvis Presley's Birthday
- 15<sup>th</sup> Martin Luther King Day
- 19<sup>th</sup> International Flower Day
- 21<sup>st</sup> International Hug Day
- 21<sup>st</sup> Sundance Film Festival
- 25<sup>th</sup> Robert Burns Day
- 26<sup>th</sup> Australia Day
- 27<sup>th</sup> Epiphany
- 27<sup>th</sup> Mozart's Birthday
- 28<sup>th</sup> Jackson Pollock's Bday



# January Birthdays

In January, we celebrate birthdays with:

- **Gwen G**



Elvis Presley, Singer, 8<sup>th</sup> January 1935  
Stephen Hawkins, Physicist, 8<sup>th</sup> January 1942  
David Bowie, Singer, 8<sup>th</sup> January 1947  
Martin Luther King Jr., Activist, 15<sup>th</sup> January 1929  
Muhammad Ali, Boxer, 17<sup>th</sup> January 1942  
Betty White, Actress, 17<sup>th</sup> January 1922  
Michelle Obama, First Lady, 17<sup>th</sup> January 1964  
Kevin Costner, Actor, 18<sup>th</sup> January 1955  
Janis Joplin, Singer, 19<sup>th</sup> January 1943  
Neil Diamond, Rock Singer, 24<sup>th</sup> January 1941  
Virginia Woolf, Novelist, 25<sup>th</sup> January 1882

## Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, disciplined and have good managers

## Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

WOW!

### Product Birthday Spotlight: **Waterproof Material**

Charles Macintosh, the Scottish inventor, patented the first waterproof material in 1823.  
The Mackintosh raincoat was named after him.

# Poem to Share

## The Road Not Taken

by Robert Frost

Two roads diverged in a yellow wood,  
And sorry I could not travel both  
And be one traveler, long I stood  
And looked down one as far as I could  
To where it bent in the undergrowth;

Then took the other, as just as fair,  
And having perhaps the better claim  
Because it was grassy and wanted wear,  
Though as for that the passing there  
Had worn them really about the same,

And both that morning equally lay  
In leaves no step had trodden black.  
Oh, I kept the first for another day!  
Yet knowing how way leads on to way  
I doubted if I should ever come back.

I shall be telling this with a sigh  
Somewhere ages and ages hence:  
Two roads diverged in a wood, and I,  
I took the one less traveled by,  
And that has made all the difference.

# Noticeboard



## IN MEMORIAM

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To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Nellie**
- **Jack**

## THANK YOU

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We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

## CAN YOU CONTRIBUTE?

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Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to Lorna, or email [activitiesbrampton@gmail.com](mailto:activitiesbrampton@gmail.com).

Thank you!



# Laughing Matters



## Wrinkles

A girl is sitting on the couch with her grandpa and studying the wrinkles on his old face. She gets up the nerve to rub her fingers over the wrinkles. She touches her own face and looks more puzzled. Finally the girl asks, "Grandpa, did God make you?"

"He sure did honey, a long time ago," replies her grandpa.

"Well, did God make me?" asks the girl.

"Yes, He did, and that wasn't too long ago," answers her grandpa.

"Boy," says the little girl, "He's sure doing a lot better job these days isn't He?"

## 50<sup>th</sup> Wedding Anniversary

The church held a "Marriage Seminar" and the Priest asked Luigi, as his 50th wedding anniversary approached, to share some insight into how he managed to stay married to the same woman all these years.

Luigi replied to his audience, "Well, I tried to treat her well and spend money on her. But the best thing I did was take her to Italy for our 20th anniversary."

The Priest said "Luigi, you are an inspiration to all husbands here today. Please tell the audience what you plan for your wife for your 50th anniversary."

Luigi proudly replied "I'm gonna go and get her."

## Funny Faces

Finding one of her students making faces at others on the playground, Ms. Smith stopped to gently reprimand the child. Smiling sweetly, the Sunday school teacher said, "Johnny, when I was a little girl, I was told if that I made ugly faces, it would freeze and I would stay like that."

Little Johnny looked up and replied, "Well, Ms Smith, you can't say you weren't warned."

# Spotlight- Claire Salisbury



1. How long have you worked here or when did you join Brampton?

Around July 2011

2. Why did you join?

It was only meant to be temporary job as I dropped out of University where I was studying Adult Nursing at Canterbury Christchurch University but decided I didn't want to do that anymore. My best friend worked here and her Mum was Deputy Manager at the time so they gave me a job.

3. What do you enjoy most about working here?

That we have such a good family unit here. Although I have lots of friends outside of work...the staff here know more about me than anyone else!

4. What is your current position?

Deputy Manager

5. Who or what inspires you?

My Dad, he has lived with Parkinson's since his early 40s and I have watched him slowly deteriorate with his health but he never moans and he never gives up!

6. What would be your dream position?

My dream would be to own a bar somewhere in Sandgate.

7. What's one thing - either industry-related or not - you learned in the last month?

How important family are and that you should live everyday to its' full and not to worry about things that may never happen.

8. What's something about you (a fun fact) that not many people know?

I am obsessed with cats!! If my boyfriend ever leaves me for another women I will buy loads of homeless cats and be a crazy cat lady! haha

9. Where did you go, on your last holiday?

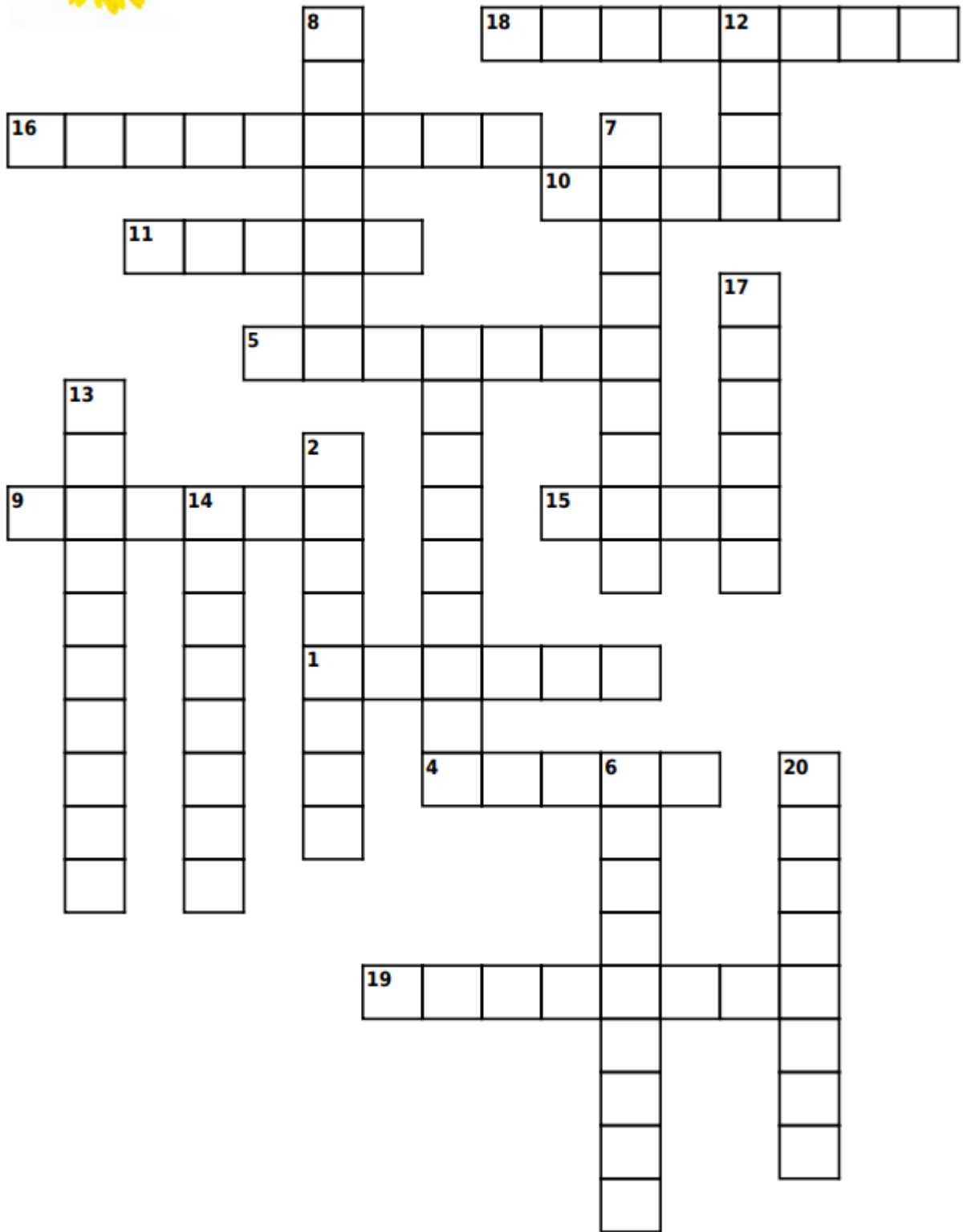
Cyprus for my best friend/ boyfriend's sister's wedding. I was a bridesmaid and it was a really beautiful day!

10. If you had to eat one meal every day for the rest of your life, what would it be

Sausages in onion gravy with mash potato and peas!



# FLOWERS Crossword



## Crossword Clues

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## Crossword Answers

