

September Newsletter 2020



*We have been awarded
"Good" by the Quality Care
Commission. August 2019*

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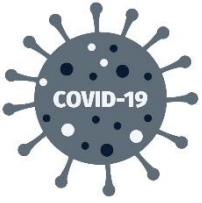
Email:

activitiesbrampton@gmail.com

Facebook page:

www.facebook

Picture: Elsie with her flower arrangement



Covid-19 Update



All of the staff at Brampton Lodge are committed to doing everything they can to reduce the risk of the Covid virus coming into the home and we follow all guidance from the government and Public Health England. We have good stocks of all of the PPE and staff have received training on correct usage.

Staff are tested on a weekly basis and the residents every month but the results of tests are very slow at the moment which is slightly frustrating. Since the schools have gone back some of our staff have had to have time off to isolate as their children have been sent home with coughs and colds but fortunately none of them have tested positive. This does mean we are incredibly busy and that changes to the planned rotas are made most days.

We have now opened our visiting room which Steve spent a lot of time planning and developing to make sure we could have indoor visits but still reducing as much risk as practically possible. We all know and understand how important it is for visits and the effects on well being so we are committed to continue visits unless we are told otherwise or if we do get an outbreak.

We all really value your support and we wish to thank the kind gestures such as cards and chocolates that some of you have sent us during the most difficult times any of us in the health and social care have ever faced.

What's Happening

We have a community garden scheme called the Locavore Growing Project to look forward to in the coming months. A Locavore is a person who consumes most locally grown produce.

This will see a voluntary working group creating a 'food forest' at Brampton Lodge and ultimately linking up with Martello Primary School. The project will bridge the gap between young and old, with mutual visits to each other's gardens and swapping seeds and plants.

Garden visits from a range of singers and entertainers

Our Gin bar is now ready to sample, with a wide range of Gins including Blackberry, Lemon Sorbet, Orange, Rhubarb & Ginger, Sloe, Bombay Sapphire, and Cherry.

Bingo Via Zoom done by professional callers with inhouse prizes

Church Service with Hymns from Holy Trinity Church Via Video link

Caring is essential week 15th September to show thanks to our carers, where the resident will be showing their Thanks by making a gift of the carers.

Harvest Week 20th September celebrating Harvest Time. We will be reminiscing about Harvest and Autumn, doing some themed Arts & Crafts and have a themed Church Service.

National Arts in Care Homes Day 24th September with Arts activities

This year's theme is Creative Communities. Join in on the day, by organising an arts activity or sharing stories about the way you have used the arts to keep care settings connected during Covid-19.



BIRTHDAY WISHES



To Maureen- 15th October

We hope you have a wonderful day

Reminders & Feedback Please let Lorna know if you are enjoying the activity schedule and if there is anything you would like to see included. We would also love to hear what you have to say on the daily menu or anything else.





Pictures of Summer

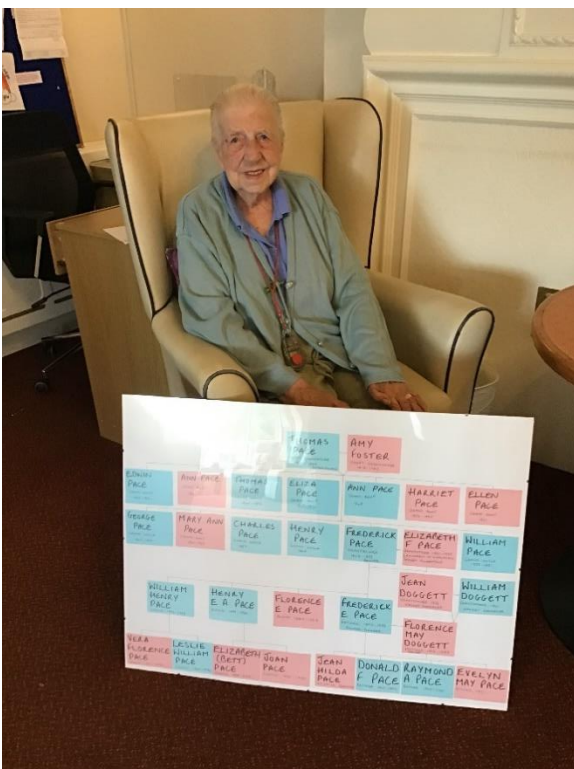




Birthday Pictures



Ted enjoyed his Birthday Spitfire Beer in his new tankard with a visit in the garden from his son.



Jean was very pleased with the out come of her Birthday project. She was assisted by the homes Activity Coordinator to research her family history on [ancestry.com](https://www.ancestry.com)

They went back as far as her Great Grandparents who were shoemakers and had 13 children. She also found some living relatives which were first cousins twice removed, who she chatted to over zoom on her Birthday.



Alanta Hankin

1. How long have you worked here or when did you join of Brampton?

I have worked at Brampton Lodge for around two months now and with it being quite a big adjustment for me, I feel I have settled in well.

2. Why did you join?

The manager, Michelle has been my manager at a nursing home we both worked at prior to Brampton for many years and we spoke daily about how much she enjoyed working here and I was looking to take a break from nursing care and so when Michelle told me she had a vacancy, I applied straight away.

3. What do you enjoy most about working here?

I really like how well everyone works together at Brampton Lodge. Everyone helps where they can even if its not part of their specific role. It really makes working in what can sometimes be a stressful environment a lot easier.

4. What is your current position?

I am a Senior carer

5. Who or what inspires you?

Anyone that sets goals for themselves and works hard until they achieve what they want. I think that it is really inspirational because you never know what a person is going through or how hard they've worked to get where they are and achieving any goal big or small is always a positive step.

6. What would be your dream position?

I would like to think one day I would be managing a home, I still have a lot of learning to do though!

7. What's one thing - either industry-related or not - you learned in the last month?

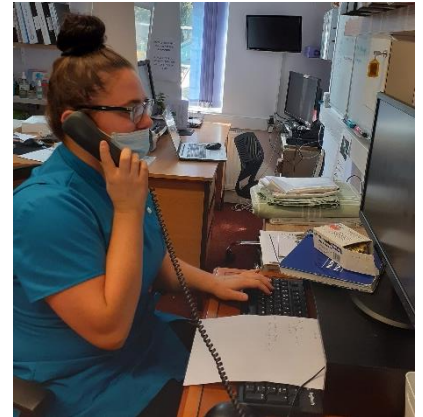
There isn't one specific thing I've learnt but many things within residential care I did not know coming to Brampton as I previously worked in a nursing home which is a very different environment.

9. Where did you go, on your last holiday?

I went to Mallorca for a long weekend last year.

10. If you had to eat one meal every day for the rest of your life, what would it be?

Sushi



STORY OF THE MONTH



This month's story is from Sidney.

Sidney was a hack (Journalist) in his professional life and travelled extensively. He was known by his fellow hacks as Sidney "Scoop".

Sidney was very used to getting his stories in the papers but not stories about him until this one.

Sidney was living out in Bermuda at the time, when a local Art Gallery and Museum went up in flames one night. Sidney and his friends heard about the fire and went along to help. Without a second thought he ran into the burning building and started to save the Galleries Artwork.

This caught the attention of the Bermuda's national newspaper and Sidney was hailed a hero in the paper for saving the Artwork.

But what they didn't know was that Sidney and his friends had, had quite a few drinks that night before running into the burning building. When Sidney awoke he was quite unaware of having saved the Art work until he read it in the newspaper.

I hope you have enjoyed this newsletter,

Best Wishes, Lorna